



# Build your TEAM for the Ryan's Quest 5K & Race On For Ryan!

APRIL 27, 2019

**This year, we will be holding a contest. Who will put together the largest TEAM & fastest TEAM to compete on April 27th at Mercer County Park?**

*Allow your legs to run for all those who can't.*

## **Details:**

- Every registered member (either for the walk, 5K or 5 miler) will be counted towards your TEAM.
- You must have a minimum of 10 members to officially count as a TEAM.
- Every TEAM will be given a space for a table at the event (to promote your team/business)

## **Awards:**

- Two winners will be awarded: The TEAM with the most members participating in the race or walk & the TEAM that has the overall fastest average 5K time among all the TEAMS.
- Winning TEAMS will be announced at the awards ceremony and on social media following the event.

*\*Teams may be formed from any groups such as local schools, businesses, gyms, race teams, fitness centers, families, churches, etc.*

For more information please contact:

[RQ5K@ryansquest.org](mailto:RQ5K@ryansquest.org)

[www.ryansquest.org](http://www.ryansquest.org)